



Health 9

Teacher: Mr. Connell

connellc@prsd.ab.ca

This course outline is based on the Program of Studies for the Health and Life Skills Program Alberta Learning Curriculum.

General Outcomes: The health curriculum is divided into 3 general outcome categories:

1. **Wellness Choices:** Students will learn how to make responsible and informed choices to maintain health and to promote safety for self and others.
2. **Relationship Choices:** Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.
3. **Life Learning Choices:** Students will use resources effectively to manage and explore life roles and career opportunities and challenges.

The scope and sequence of this course varies depending on how the school year progresses. Often situations and student experiences warrant changing the order of teaching, therefore, it is difficult to stick to a strict schedule.

Projected Timeline

September-December	Unit 1 - Wellness Choices
January to March	Unit 2 - Relationship Choices
March to May	Unit 3 - Life Choices
May-June	Unit 4 - Human Sexuality or Cumulative Project

For a complete list of specific course outcomes covered in Health 9, please visit the PRSD Website or they are available in my classroom.

During Health students will also meet the technology outcomes related to Essential Activities, Keyboarding and Digital Citizenship.

School Supplies:

You will need:

1. A binder for handouts and assignments (at least 1inch)
2. A journal (a large 72 page Hilroy notebook or ringed notebook will work)
3. At least one blue pen, one red pen, and one pencil.

Key Message/Success Plan

Besides a daily demonstration of a willingness to participate in class activities and exercises, the student who attends regularly and shows a consistent, conscientious effort will do well.

Teaching Methodology

Students will be taught through a variety of instructional methods and strategies including but not limited to direct teaching, cooperative learning, independent learning, small and large group activities, skill demonstration, discussion, debate, and personal reflection.

Evaluation

Assignments/Projects/Tests	70%
Daily Participation Discussions, presentations	30%

Missed/Late Work Policy

Missed or late work will be accepted for marking up until the end of the unit. Unfortunately, credit cannot be earned for discussion participation if a student is absent.

Group projects: Members of your group, yourself and your teacher will evaluate your participation in the project, as well as the quality of the work you submit. Unexcused absences will affect your overall grade in these projects.

Rewrites: Students will be given the opportunity to re-write a major assignment, speak to Mr. Connell to obtain permission.