



I. Key Message

This is a course outline based on the Program of Studies for Grade Nine. Students will be expected to participate in classroom discussions and complete assignments in a timely manner. Where this course requires students to share their opinion on topics related to health, it is important to be open, accepting, and respect others' opinions even though they may be different than your own.

II. Course Overview

The three general outcomes are as follows:

1. **Wellness Choices:** Students will make responsible and informed choices to maintain health and to promote safety for self and others.
2. **Relationship Choices:** Students will develop effective interpersonal skills that demonstrate responsibility, respect, and caring to establish and maintain healthy interactions.
3. **Life Learning Choices:** Students will use resources effectively to manage and explore life roles and career opportunities, and challenges.

III. Scope and Sequence

The aim of the Health and Life Skills Program of studies is to enable students to make well-informed, healthy choices and to develop behaviors that contribute to the well-being of self and others.

Throughout the year, we will have guest speakers and presentations on various topics.

IV. Teaching Methodology

Students will be taught through a variety of different instructional methods and strategies, including but not limited to: direct teaching, cooperative learning, independent learning, brainstorming, small and large group discussions, inquiry-based research assignments, reflections on literature, and the incorporation of technological devices.

V. Assessment

Major Projects & Assignments/Presentations/Quizzes: 70%

Journals/Minor Assignments: 20%

Daily Assignments/Presentations: 10%

Marks will be updated on PowerSchool. For information on how to access PowerSchool, please contact the school.

VI. Resources

Students will be provided with material as approved by the Program of Studies, and supplementary materials will be posted on the Google Classroom site.

VII. Classroom Expectations

Class Time

- Class starts as soon as the bell goes at 12:40. Students are expected to be ready and in their seats by that time, ready to begin.
- You are to use your class time wisely and productively. If you fail to do so, it could result in a phone call home, or if the action continues, having a meeting with your parent/guardian and the administration.
- **Materials Needed:** small binder with loose-leaf (can share a binder with another subject), *pencils, and pens*.

Absenteeism

Assignments and notes will be provided to you upon your request and will be posted in “**Google Classroom**”. If students have any questions about what they missed, I encourage them to ask for clarification. **It is the student's responsibility** to find out what they missed and need to

complete. If the student is absent for a test, they will write the test the day they return to school unless otherwise agreed upon with the teacher.

Completion of Work

If a student finishes early, they can work on other schoolwork they have due **in that class**. If the student is fully caught up, they can silently read until they get new instructions as to what to work on.

Handing in Work

If a student is handing in an assignment, it is to be done by submitting it through the online application “**Google Classroom**”, unless it is a project or booklet. At the beginning of the semester, all students will be given a code that allows them to enter Google Classroom, view assignments, and submit their finished work under the appropriate assignment.

Keeping Notes

To succeed in this course, students will have to keep up with the notes we take in class and the questions that are discussed during class discussion. **It is the student's responsibility** to catch up on notes that they miss.

Plagiarism/Cheating

Plagiarism/cheating **will not** be tolerated. The student will have to redo the assignment or rewrite the test. Parents and administration will be contacted and made aware of the issue.

Electronic Devices that Access a Mobility Network

- Students will be able to access Chromebooks for academic purposes only during class time. These are only to be used when instructed by your teacher.
- Personal mobile devices will be kept in students' lockers from the first bell until the last bell, except during lunch hour or scheduled breaks- *an exception will be made for students with a diagnosed medical condition or an identified inclusive educational need.*
- Personal mobile devices may be used appropriately during the lunch period and must be returned to students' lockers at the end of the lunch period.
- Personal mobile devices may not be brought into the washrooms or locker rooms at any time.
- Unauthorized use of Mobile Devices in class will be dealt with in the following manner:

1st Offense: Phone taken for the day.

2nd Offense: Phone taken for the day. Parent/guardian will be notified.

3rd Offense: Phone taken for the day. Parent/guardian will be notified, and must come into the school to pick up the cell phone.

4th Offense: Phone turned into the office at the beginning of each day and returned at the end of each day for a time period determined by administration.

Further Offenses: To be determined.